



BUSAN.IZ



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BUSAN FOREIGN SCHOOL NEWSPAPER



SPANISH FLU - MARCH 4TH, 1918
DREAM HOME SPANISH PRESENTATION
AP PSYCHOLOGY: STUDY OF HUMAN MIND
TWO-POINT PERSPECTIVE DRAWING
VISUAL JOURNAL
THE IMPACT OF COVID-19 ON SPORTS
LATEST UPDATE ABOUT COVID-19 IN BUSAN

Val Kim
Bella Kim
Youseung Kim
Sona Park
Gaetane Sloodweg Allepuz

AUTHORS



VAL KIM



Hello everyone! I am Val Kim and I am the Editor in Chief of the BFS Newspaper! I was born in the United States and I have lived in Denver, Seoul, Doha, Busan, and Vancouver. Although I moved around a lot, one thing has remained the same the whole time: my passion for writing! I have had experiences in publishing articles, poems, and short stories in the past but I have not written a school newspaper before which is why I hope to get to try it out. I wish everyone would enjoy the newspapers that our team will produce and thank you!



BELLA KIM



Hello! My name is Bella Kim, and I'm a 9th-grade student here in BFS! I was born in Jinhae, Korea, but I moved to New Zealand when I was eight years old. After staying there for four years, I moved back to Korea. Growing up in many different environments, I've learned to accept and socialize with people of diverse cultures. Writing has always been a way to connect with different people, and thus it has always been my passion. The fact that there are no limits, rules, or restrictions when it comes to expressing myself through writing has always fascinated me. Writing helped me bring me out of my shell in which I hid, and it allowed me to connect, empathize and relate with other people. I hope the articles I write in the newspaper will one day help someone else come out of their shell, too. I'm honored and excited to be a part of the team!



YOUSEUNG KIM

Hello! I am Youseung Kim from 9th grade, and I have been at BFS for around 5 years. I was born in Korea but I also lived in America for around 7 years. I will be writing about Busan in general, as well as some other topics. I have enjoyed writing for a while and I look forward to being able to contribute to the newspaper.



SONA PARK

Hello! My name is Sona Park and I'm currently in 9th grade. Writing has always been my passion and I am more than honored to be on the newspaper team. My role in this club is the communications director; I design the overall format for this newspaper, create posters, etc! I will be writing about art-related classes. I hope you enjoy reading our newspaper! Thank you!



GAETANE SLOOTWEG ALLEPUZ

Hello, my name is Gaetane! I am a ninth grader from Spain. My job for the magazine is as general staff. Sometimes I'm writing articles, checking others', or helping whoever needs help. Some of my hobbies are sports. My favorite is soccer and my dream is to pursue it professionally. That's why I am managing the sports section in the newspaper. I will keep you up to date about sports in our school and outside of school.



Spanish Flu

By: Val Kim

March 4th, 1918



Image by Charlotte May via Pexels

The coronavirus comes to the mind as soon as this kind of description is heard. This is obvious as the coronavirus is one of the biggest pandemics in recent history and perhaps will define the lives of this generation (mainly millennials and generation Z). The description above, however, is not about the coronavirus. Instead, it is the 1918 H1N1 influenza or commonly known as the "Spanish Flu".

According to the Center for Disease Control, the Spanish Flu did not originate from Spain and the origin of the virus is unknown. There is no clear reason why the influenza was the Spanish Flu, but many historians believe that this was true because Spain did not suppress their count in the confirmed cases. While major countries that were participating in World War I tried to keep their confirmed case count down, Spain was a neutral country and had no reason to hide their number. This resulted in Spain looking like they have a significantly large number of confirmed cases and caused the flu to be called the Spanish Flu. The possibilities of the origins of the virus are known to be France, China, or the United States. The first reported case of the virus is from Fort Riley, a military base located in Kansas. This report was around the beginning of March and precisely March 4th of 1918. After this, the virus started to spread at a rapid pace that the medical ability at the time could not control. The lack of awareness about the importance of sanitation also kindled the spread of the disease to be quicker.



Image by Aleksandar Pasarić via Pexels

The world is now nearing 2.5 million deaths from the coronavirus. This toll is not at a halt or near the end either and is still rapidly ongoing. What people must keep in mind during this pandemic is to make sure to follow the guidelines and be vigilant about being in close contact with others but also remember that there were pandemics as large as the coronavirus in the past. The Spanish Flu took place when there were only elementary concepts of good hygiene and little information about global pandemics. The situation with the coronavirus is different as scientists now have much more advanced technology and data from the past about similar instances of the virus. Until the COVID-19 becomes a historical event that we can all look back to like the Spanish Flu, let's stay safe.

A global pandemic ripped the world apart and sent the world into troubles after troubles, killing more than 50 million people in the world. "The intensity and speed with which it struck were almost unimaginable – infecting one-third of the Earth's population," the World Health Organization said at the time.



Image by Pixabay via Pexels

The Spanish Flu, like its name, is a type of influenza and specifically a disease caused by the H1N1 influenza A virus. Therefore, the characteristics that the Spanish Flu had overlapped with regular flu. The virus was highly contagious and was spread through the air and coughs of an infected person. The symptoms were also similar to regular flu and were generally not fatal. Patients experienced chills, fever, and fatigue, but they usually recovered soon. While many people were rapidly infected by the virus, the death rate remained low because the disease was not critical to people's lives. As more and more people were infected by the virus, many parts of the world started to develop immunity against the Spanish Flu and the pandemic seemed to get better in the summer of 1918. However, a second wave of the virus was back in the fall of 1918. This time, the virus went through a mutation that made it more contagious and far more serious. When people were infected with this virus, most died within a few hours with their skins turning blue and their lungs getting filled with unknown fluid. From this wave of the Spanish Flu, many people were killed and in the US, the governmental records say that the American life expectancy dropped by twelve years because of the Spanish Flu.

So how did the Spanish Flu come to an end? With the underdeveloped medical technology at the time, doctors were not able to do anything that would help the patients directly with the disease. Instead, they recommended any type of medication that they thought would help such as Aspirin. These attempts were not very successful and by 1919, it looked like the pandemic would not end. By the summer of 1919, though, most of the world had either died from the pandemic or developed immunity. Naturally, the virus started to reduce and fewer people were infected.



Image by Pixabay via Pexels



High School

Life Skills

CASA DE SUEÑOS

Spanish 1 Presentation: *Dream House*

By: Bella Kim



On February 5th, the students in Spanish 1 had a presentation about their dream houses. The students worked together in pairs to create a presentation about their dream houses with descriptions of their living room, bedrooms, kitchens, outdoor terraces, and even the bathroom. The students utilized different Spanish adjectives and verbs they learned in class to describe their houses.



VICTORIA YUGUY & SONA PARK, 9TH GRADE



The slides themselves were stunningly beautiful, and the descriptions of each student's rooms and houses inflicted their creative minds: some students located their houses in forests while others located them near the ocean. There were gardens and swimming pools, as well as a backyard with pet dragons. Furthermore, there were magnificent features including fountains splashing with freshwater, cinemas, gyms, and even hallways full of Señor Cassinello's frames!

The students' creativity brought a smile to Señor Cassinello's face, especially after hearing the unique ways of how students worked on their slides - students utilized their social media accounts to find pictures of rooms that suited their imagination well. One group even searched through Señor Cassinello's Twitter account that he stopped using 6 years ago to find photos of him! Not only were the students creative during the presentation, but they also demonstrated an outstanding speaking level that has improved substantially compared to the beginning of the year.

El salon

- Grande
- Espacioso
- Moderno
- Un televisor
- Un sofa
- El tanque de tiburones
- Dos lamparas
- Una estanteria



Habitaciones

- Un salon
- Un comedor
- Una cocina
- Dos dormitorios
- Diez baños



BEAU LEE & AHMAD HAROON, 9TH GRADE

This was possible all thanks to Señor Cassinello's hard work put into teaching the students the maximum amount of information and holding presentations like this to give students an actual experience of speaking. Afterward, he would give the students individual feedback and how they can improve in the future as well as the things that they should keep on doing. As a result, it was manifest that the progress of the students was huge and the students' somewhat silly yet meaningful efforts made the presentation even more memorable and worth seeing!

BEAU LEE & AHMAD HAROON, 9TH GRADE

Study of Human Mind

AP PSYCHOLOGY

By Bella Kim

In Mrs. Muller's AP Psychology class, students are studying the mental processes and behaviors in humans. Even though the field of psychology is broad, the class mainly focuses on the areas of neuropsychology, developmental psychology, clinical psychology, and social psychology. In an interview, Mrs. Muller emphasized that there are large amounts of reading to do in her class, but also continued to mention that there are different fun activities about concepts of real life.



AP Psychology, as said by Mrs. Muller herself, is an exploration of the human mind and why they work the way they do. This inspires the students to stay energized although it is a difficult class. The students' positive energy and inquisitive minds are what energizes Mrs. Muller as well. She described, "I feel the happiest when students are engaged and enjoying themselves. This is usually during the hands-on activities and discussions about issues that affect them or make them question what they know about the world. The most memorable moments for me are when I hear from students after they have finished the course, sometimes years later, and they tell me how they have been able to use or see what they learned in their own lives." She also stated that students do not confine their learning in class, but they continue to apply their acquired knowledge in their daily lives.

However, it is not only the students who are getting a quality education. Mrs. Muller is also continuously learning and acquiring new knowledge because research done in the areas of psychology is an ongoing process. New researches and reports are completed every year, and Mrs. Muller continues to put efforts to improve her expertise and knowledge on the subject as well. She is mostly interested in exploring why people function the way they do.



The key point from her class is that even though AP Psychology may appear to be intimidating and scary at first because of its advanced level, it is a class that is more than simply memorizing and taking tests. Instead, it is a class that delves into the beauty of the human mind with many interesting topics in discussion. Naturally, students will be motivated to take part in the class because they are intrigued by the content. Would you like to try AP Psychology next year?



High School Art Class

High School Art Class



Image by Matt Fernandes via Pexels

Humans' aesthetic attitude towards art goes beyond boundaries and empowers people to communicate their thoughts through shapes and visuals to create valuable pieces. Our current art teacher, Ms. Soo, quotes, "Art makes life more valuable and allows people to express themselves through artwork". This is absolutely right; art helps us to connect with the world and improve the quality of life by reconstructing our imagination.

By Sona Park

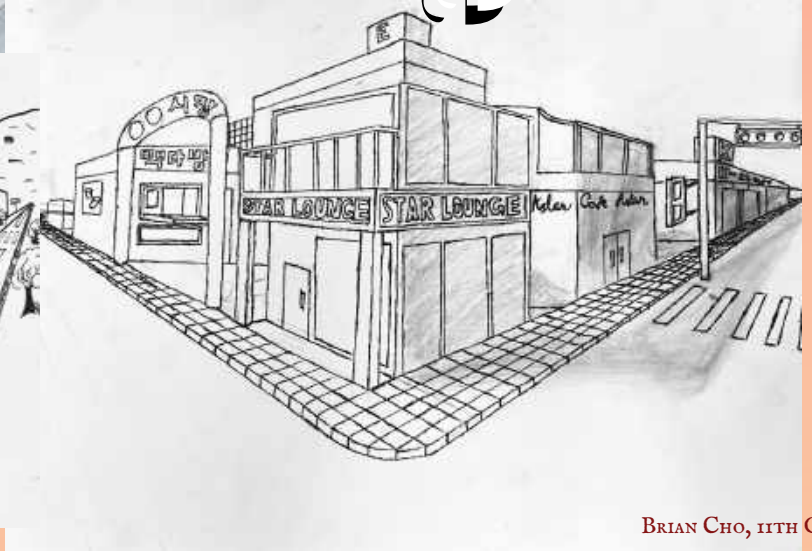
Two-Point

Perspective

KATHERINE KIM, 12TH GRADE



VICTORIA YUGUY, 9TH GRADE



BRIAN CHO, 11TH GRADE

Drawing

Recently, in High School Art class, **Two Point Perspective Drawing** was assigned as a project to be completed by February 17th. Two Point Perspective Drawing is a linear perspective drawing using different methods to create the illusion on a 2D surface. This allows students to expand their imagination to design cities, buildings, houses, etc. Students developed the skills to draw aesthetically pleasing perspective drawings. By mastering the basics of perspective drawing, students were able to extend their knowledge and skills to create artistic drawings.

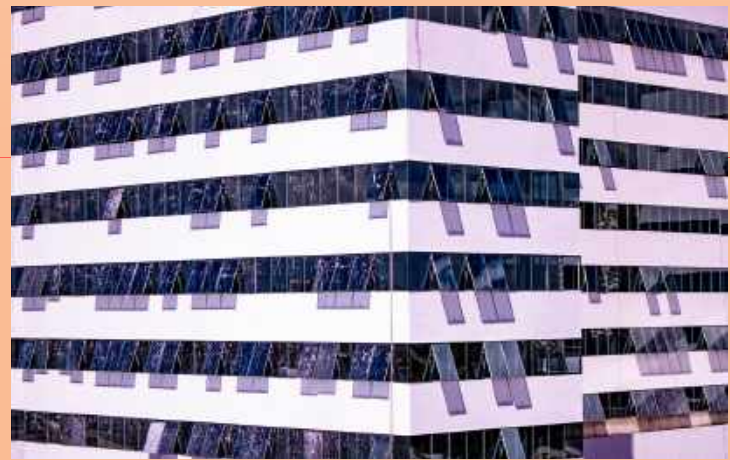


Image by Artie Andrade via Pexels

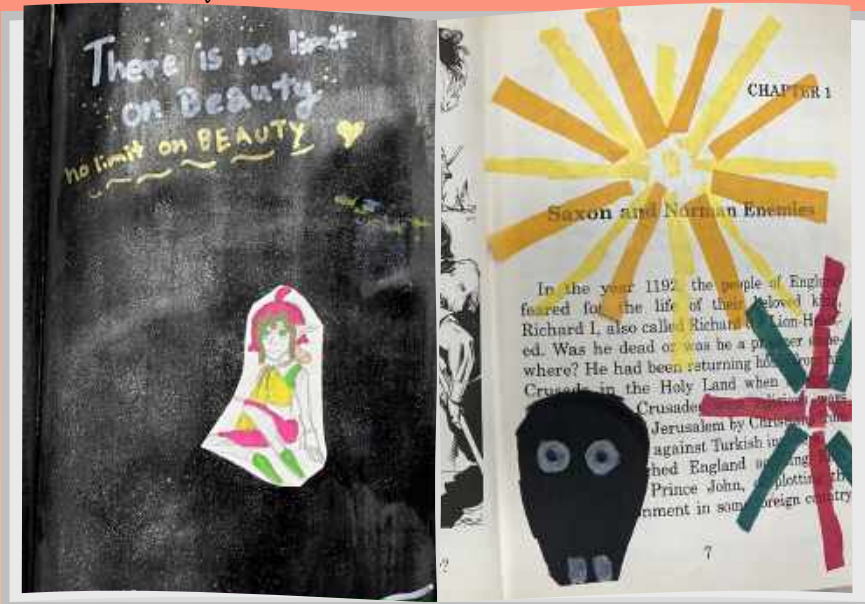


Image by Roxanne Minnish via Pexels

Shading was also an important factor of the two-point perspective drawing. In this assignment, students were expected to use 6 types of shading techniques to add value and light to the illusion.

VISUAL JOURNAL

By: Sona Park



Isabel Cruz Rivera, 9th grade

William Lee, 12th grade

The visual journal provides students to work visually with their thoughts and increases their self-awareness. Ms. Soo states that students are still hesitant to use different materials and techniques which is why she wants students to go beyond their boundaries and destroy the limits to find the true beauty of freedom in art.

The **visual journal** is a personal creation that enables you to record your journey, discovery, and development of your life through words, colors, materials, etc. By documenting your life and inspiration, you can establish essential skills and expand your creativity. In high school art class, students are assigned to create their own visual journal to express their emotions and thoughts by using a wide range of materials.



A Sneak Peek into the High School Art Class



SPORTS

By: Gaëtane Slootweg



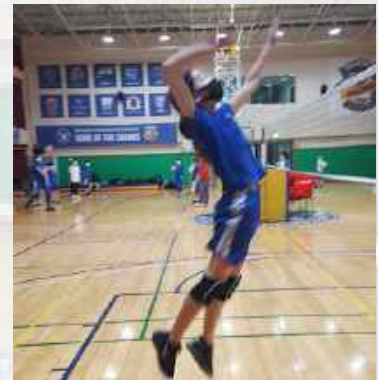
Image by Miguel A. Padrinán via Pexels

Outside of BFS

First of all, outside of BFS, most practice camps and sports seasons have been canceled due to the COVID-19 all around the world. According to SportsRec, the sports being canceled can give a physiological effect on growing children and high schoolers. Many high schoolers are undergoing hormonal changes and use sports as a way to reduce stress and anxiety. Without the adequate amount of physical activity that is done during sports, they would have a much harder time trying to reduce their stress. As a result, it is possible that teens will look for alternative sources such as playing games to destress which is a less healthy option compared to sports. In addition, some students are heavily focused on sports because they would like to become professional players or become skilled varsity players at college. For them, not having sports for just a little bit is critical because they need to practice often in order to maintain their skills and not let them rust.



The **COVID-19** is spreading around the world quicker than ever. It has not only affected the many families and our local community but the sports industry as well. For instance, sports clubs, teams, and tournaments are being regulated to fit the rules the government has made. These rules vary from shutting down the entire game to modifying norms such as having a full crowd. Busan, the city that BFS is located in, was not able to escape from the coronavirus's reach and ended up with numerous confirmed cases. In an attempt to prevent any spread of the disease in the school community, BFS athletic teams were also modified to ensure safety for everyone.



From not having sports, there could be more pressure on them as well as anxiety as they are not able to pursue what they wish to do. Furthermore, younger children use sports as a method to socialize and build upon athletic skills. Taking sports away can make them feel isolated as well as not allowing them from improving their physical skills when they need to. Therefore, it is evident that sports are a fundamental part of the life and development of children in all age ranges. This is why there needs to be some sort of physical activities and sports going on while making sure that no one is in danger from the virus.



BFS is aware of this and is trying its hardest to maintain the rules and keep the sports teams going. At the beginning of the year, it was frustrating that there were no after-school activities allowed. However, the rules have softened and sports is back on.



Currently, there is the middle school volleyball team as well as the high school basketball team. To guarantee that these activities will be as safe as they are fun, all coaches and students are required to keep their masks on during practice time. Hand sanitizers and access to hand washing areas are also given so that students can constantly keep their hands clean. "I got used to them now but the first time I wore them I felt like suffocating" Angie from Grade 8.

There are still restrictions of not being able to have SKAC tournaments with other schools. Although this is unfortunate, it is too dangerous for other schools to come to BFS because it may endanger the safety of both schools. As an alternative, BFS has tried its best to communicate to ISB about friendly matches. There is no certain plan for this right now because of the virus regulations, but it is certain that the school is trying its best to provide physical activities for students and give them entertainment while being safe.

It's high school basketball season! Both HS girls and boys are now having basketball season. The girls practice on Mondays from 3:40 to 5:40 and Thursday from 4:40 to 5:40. The girls have been practicing extremely hard on their five out positions and sideline throw-ins. The boys as well have been working really hard. Their practices are on Tuesday and Fridays. Tuesday practice starts at 4:40 and ends at 5:40. On Friday, it starts from 3:40 to 5:40. Although breathing may be hard, it is mandatory to wear a mask while practicing and the athletes at BFS respect this rule.



Image by RODNAE Productions via Pexels



Image by Kampus Production via Pexels

It's MS volleyball season! Both boys and girls practice on the same day. On Tuesdays and Thursdays, practice is from 3:40 to 4:40. The girls have been working on the sight nineties and the boys have been practicing their passes mainly. Occasionally, at the end of practice, there is a match between the boys and the girls.

Latest Update about COVID-19 In Busan

By: Youseung Kim



Image by Burst via Pexels

As we all know, the Covid-19 pandemic has hit the whole world hard, with cases rapidly popping up every minute. It is truly a tragedy, and the city of Busan is not exempt from the effects of the virus. In this section of the newspaper, the Covid-19 statistics regarding Busan will be reviewed as well as the safety measures taken in both Busan and BFS. Some suggestions about what everyone can do to help the situation will also be displayed.



Image by Cottonbro via Pexels

How is Covid-19 affecting Busan specifically?

Many of the safety measures and restrictions in Busan have made it so that masks are necessary within the city, and no more than 5 people can meet together. This has especially affected families during the Lunar New Year celebration, with many families not being able to meet together.



Image by Martin Lopez via Pexels

Safety measures taken in Busan

On the 15th of February, Busan implemented Level 1.5 social distancing. The city was at Level 2 social distancing prior to this recent change. Masks are mandatory in public areas, and anyone can be fined a fair amount of money for not following rules like this. Busan has also implemented rules regarding the maximum number of people that can meet together in one place, which is currently 5. After the implementation of Level 1.5, previous restrictions on public facilities' closing times are now gone.



Image by Atypeek Dgn via Pexels

Safety measures taken in BFS

Since the start of the second semester of school in 2021, BFS has continued face to face physical school with enhanced safety learning measures. Below are the five learning modes that the school has created in response to the pandemic.

Depending on the risk factors and safety levels in Busan, the school applies these different learning modes.

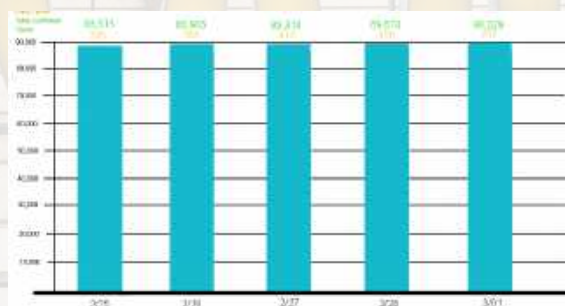
In our current enhanced mode, BFS allows all students and staff to be on campus, but with the implementation of enforced high-level safety measures. This includes the mandatory use of masks throughout the school, as well as the addition of social distancing rules. BFS has also implemented desk dividers on every student desk in the school and occasionally used bento boxes to serve lunch, though they are not being used as of Feb 10th. BFS's additional learning modes include the...

- Business as usual: All students and staff allowed on campus with normal health and safety measures.
- Relaxed enhanced: All students and staff allowed on campus with slightly increased (but relaxed compared to enhanced) health and safety measures, including the optional use of masks.
- Hybrid: Students allowed on campus on alternating days with two groups of students for enhanced social distancing.
- Virtual: Students not allowed on campus, learning is on a virtual basis.



Busan Foreign School

To prevent the spread of the virus and to help control the situation, everyone must continue to wear their masks in necessary locations, make sure to social distance as the guidelines layout. Social distancing is more important than some might think, and it can help slow the spread of the virus significantly.



Graph made by Youseung Kim

INTERVIEW WITH MR. CASSINELLO



Why did you decide to monitor the newspaper club?

I have been a teacher for 6 years already, but before I was a teacher, I was a journalist. I studied journalism for 5 years so I loved the idea of having a school newspaper. I thought spreading more information about our school and community was very interesting. Also, all the members of the newspaper club are very cool, which is why I wanted to monitor the club.

Do you have any past experiences with newspapers? If you do, what was it?

I was a journalist before I became a teacher. During my time in Spain, I worked for different communication agencies and wrote on several websites related to sports, IT enterprise, etc.

How do you feel about BFS/Korea?

I think both BFS and Korea are great. I'm extremely happy to be here. I've been here for 6 months already and so far, my experience has been awesome. I love all the students and colleagues of the school, and I also love the environment here.

How has COVID-19 affected you and your lifestyle?

Covid-19 has affected my lifestyle a lot. One of me and my wife's passions is to travel around. While we both love travelling, we haven't been able to do it because of the pandemic. For example, we would love to visit Seoul one day, but we haven't been able to do it yet. As a teacher, teaching is also very difficult during the current pandemic. Especially for a language class, speaking and trying to teach the correct pronunciation is a big challenge with the masks.

What has been your favorite part of being in BFS so far?

I really like how close the school is together. I think it's very interesting that I get to see my brothers every day, interact with them, and I also like how involved students can be with teachers; I've never gone to a school before where you can email a teacher about any question I have and they reply almost within a day. I like the professionalism here and that we are kind of held to a very high standard, which I appreciate. It gives me responsibility.

How did COVID-19 affect your life?

COVID-19 in general, I want to say that I benefitted from it a lot. With online schooling - I live quite far away - I didn't have to take long bus ride during the day. It made my days feel shorter, but I did miss interacting with other students and teachers every day. I think COVID-19 affected us all differently.

What do you think about the safety procedure our school and Korea in general are taking to deal with the pandemic?

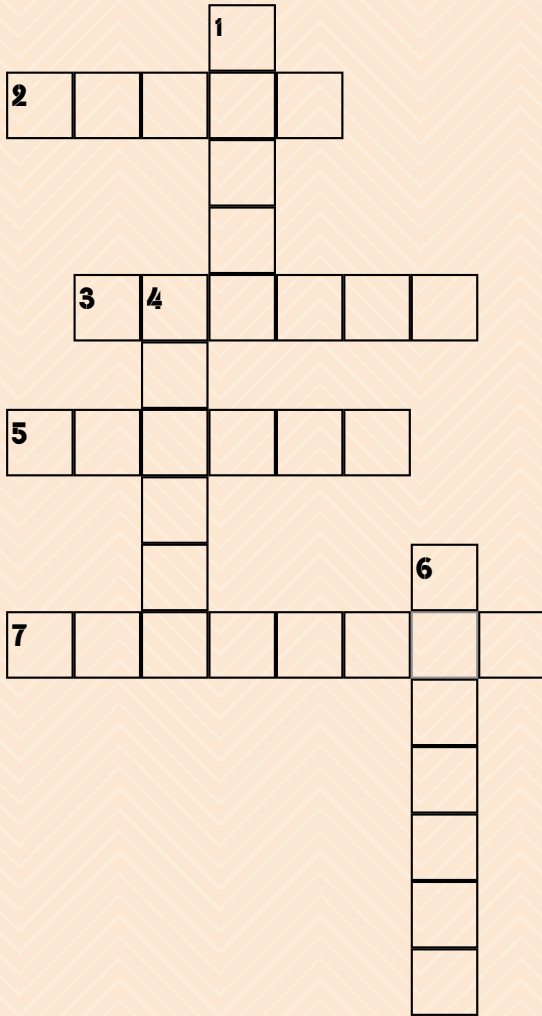
I think Korea has handled the pandemic very well, also the school has handled it very well. I think our school has also been doing well by following the mandatory procedures.

INTERVIEW WITH EVAN MCGAVRAN



GAMES OF THE MONTH

CROSSWORD



ACROSS

2. The city that we live in
3. The place we are in right now
5. This season
7. The adults in school who help students

DOWN

1. This month
4. The disease that changed our lives
6. Close peers

BOOKS

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6		4			1	5		
7					8		6	9
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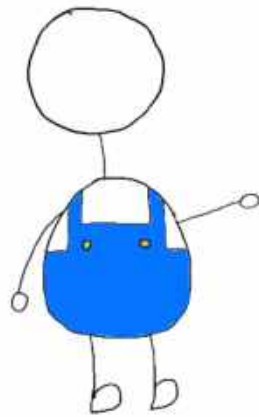
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FUN SECTION!!

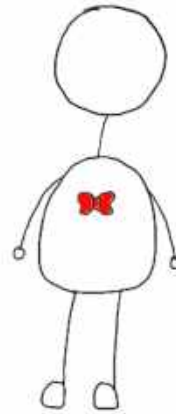
DAD JOKE TIME



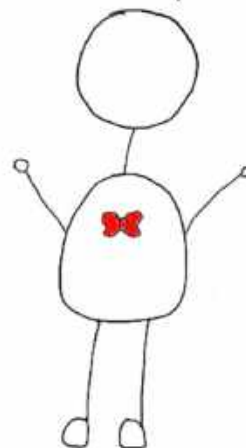
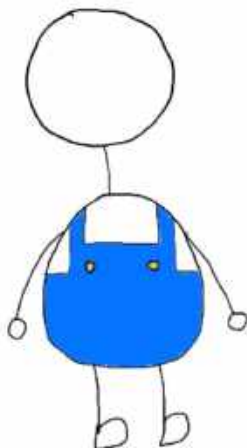
Are you good?
You look numb.



Yeah... it's just that
puns always make me
numb.

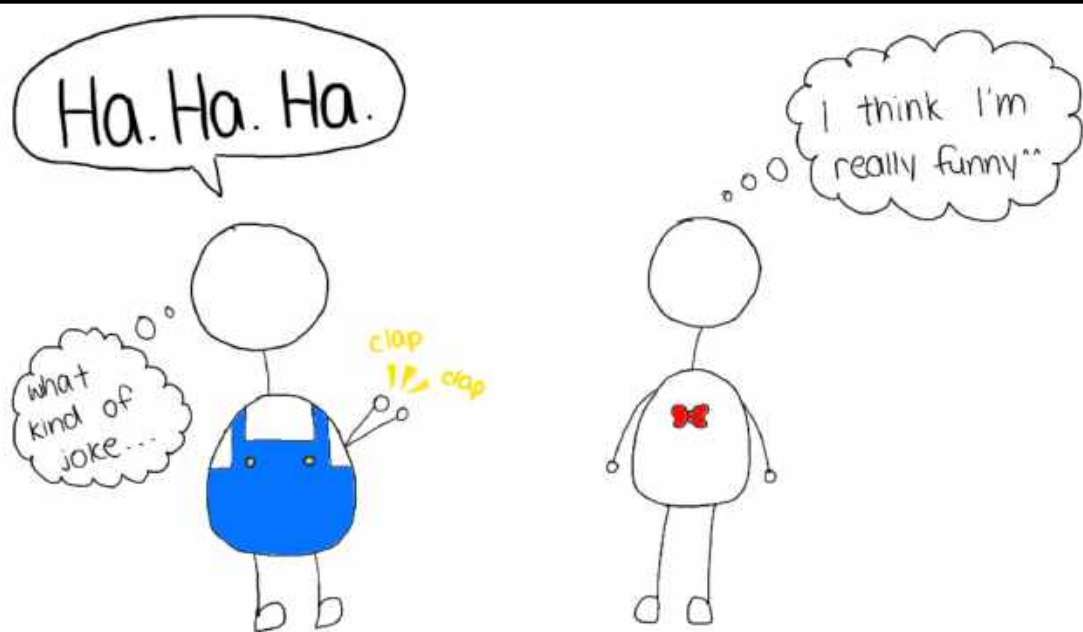


But math puns
make me number!



3 awkward
seconds later

...



THE END

Special Thanks To:

MR. BRENNEMAN

MR. CASSINELLO

MRS. ALLEPUZ

DR. BARNES

MRS. MULLER

MR. HANAWALT

MS. SOO

EVAN MCGAVRAN